

Dr. Robin West – Shoulder & Knee Consultation Request Form

Dr. West specializes in shoulder and knee injuries in athletes and active individuals, including ACL tears, meniscus injuries, rotator cuff tears, shoulder instability, shoulder labral tears, cartilage lesions of the knee and shoulder, and complex knee and shoulder conditions.

Please note: Dr. West's practice focuses exclusively on shoulder and knee conditions. For all other issues, you can contact our office at 571-472-0477 to get scheduled with the most appropriate specialist.

Step 1: Body Part Selection (Required)

What body part is your primary concern?

- Shoulder
- Knee
- Other (please specify): _____

Step 2: Contact Information

Name: _____

Email: _____

Phone: _____

City / State: _____

Preferred Contact Method: _____

Step 3: Injury Details

What best describes your issue?

- ACL or ligament injury
- Meniscus tear
- Knee cap instability
- Cartilage injury
- Rotator cuff injury
- Shoulder instability or dislocation
- Shoulder pain
- Knee pain
- Second opinion For what? _____
- Other: _____

When did the injury occur or the pain start?

- Within the past week
- Within the past month
- 1–6 months ago
- More than 6 months ago
- No specific injury

Activity Level

- Competitive athlete
- Recreational athlete
- Active lifestyle
- Not related to sports or activity

Have you had imaging for this injury?

- MRI
- X-ray
- Both MRI and X-ray
- No imaging yet

Brief description of your injury or symptoms:

Imaging

Please bring all Xray/MRI/CT images and reports, operative notes, and all other relevant medical documents.

Virtual Consultation Option

For complex cases or patients traveling from outside the area, Dr. West offers virtual consultations. You can schedule one through the 'Consultation' link on the top right of the homepage. This link will direct you to a secure HIPAA-compliant portal where you can upload imaging, medical notes, and provide additional details regarding your condition prior to the consultation.

What Happens Next

Our team will review your request and contact you within one business day to schedule your consultation or guide you to the appropriate specialist if needed.